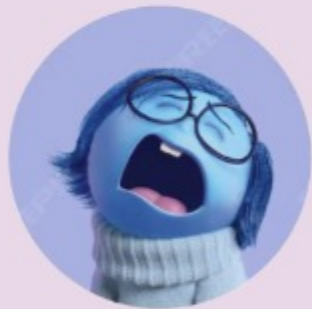
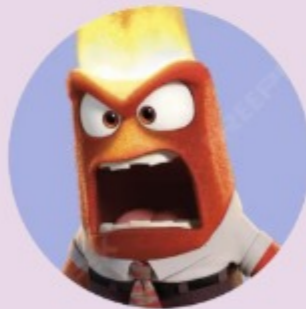


What am I feeling today?



sad



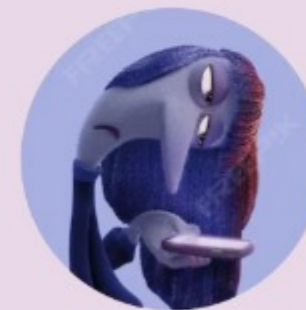
angry



happy



nervous



bored

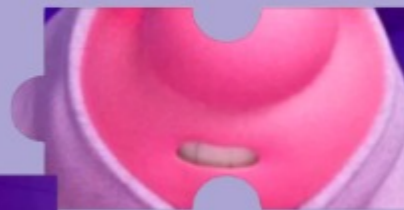
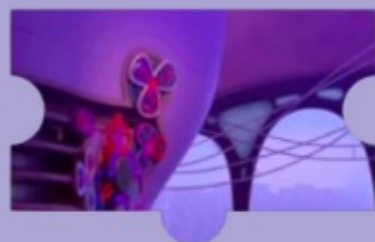
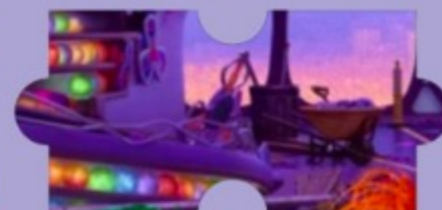
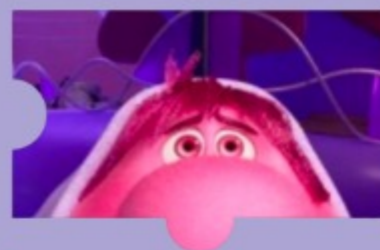
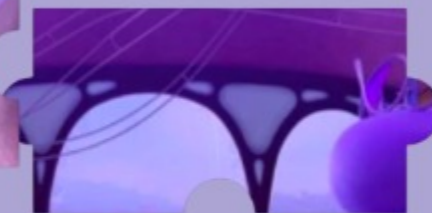


shy

TODAY I AM _____



original picture



**Riley feels many emotions – and so do we!
Our feelings might also be different from someone else's feelings.**

Read each sentence below. Choose a feeling to show how each situation makes you feel.



your emotion

Looking at pictures of silly puppies makes me feel ...



your emotion

When it is dark and rainy, I feel ...



your emotion

Going to the doctors makes me feel...



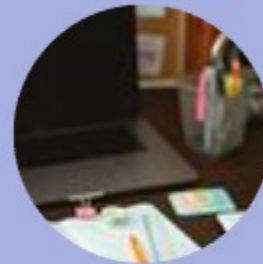
your emotion

When my friend is late, I feel...



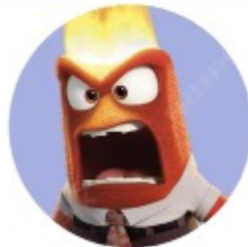
your emotion

When I play outside, I feel...



your emotion

When I forget my homework at home, I feel...



you can move
these pictures

Look at the Inside Out 2 characters and their colors.



Then, read each event or activity.

What emotion does it make you feel? Color the circle to match the emotion.

Some might even have more than one color!

playing sports

losing a phone

being sick

somebody asked
you for your help

disagreeing with your
friend

teasing

reading

teasing

**Drag a character
and write your own question**



answer a question

answer a question

answer a question

answer a question

answer a question

answer a question

answer a question

answer a question

answer a question

answer a question

answer a question